



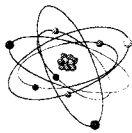
MORA therapy for respiratory and allergic diseases

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Nowadays the powerful development of pharmacology and industrial production of medicines encourages a growth of medicament treatment. Its simplicity of application, availability and rapid effect are providing priority to pharmacotherapy usage. However, together with therapeutic effect, medicines could cause side effects. Many allergic reactions and autoimmunall processes in human body are caused by medicines. Besides, the medication does not provide a complete restoration of the body's own protective systems. This reason makes physicians go «back to the roots», to the experience of natural ways of treatment and carry out profound research work in order to find medication-free treatment methods.

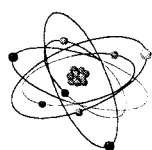


Significance of MORA-Therapy for Treatment of Respiratory Diseases And Allergies

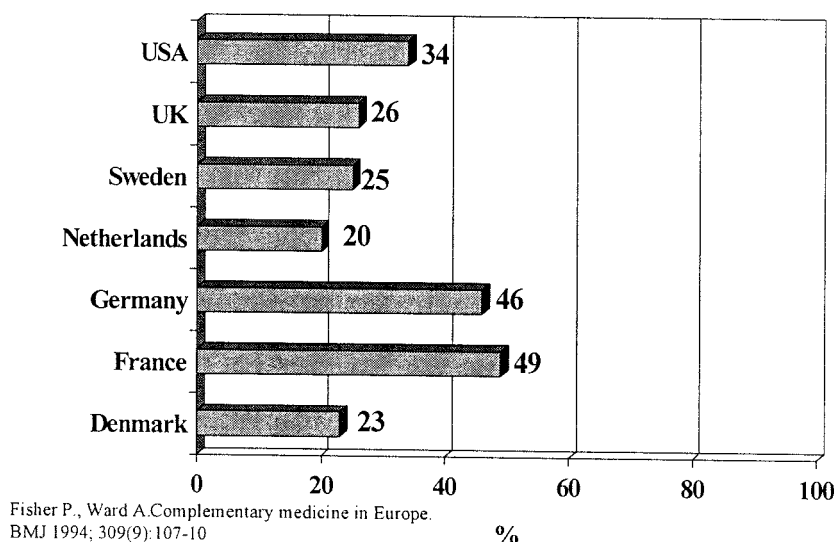
- Growing expansion and severity of asthma and allergies come along with improvement of quality of medication treatment**
- Complications and adverse effects of medicaments' action**
- Urgent need of elimination of hazardous environmental effects**
- Necessity of recovering of body's own regulation and defence systems and its ability to resist the disease**

Respiratory diseases are one of the most important problems of public health. 8-10% of adults and 10-15% of children have asthma, 20% of humans suffer from

allergic rhinitis. During the last 10-15 years asthma has become more dangerous: morbidity caused by asthma has been rising. The scientists forecast: «21st century would be asthma and allergy one». We have entered the century of safer surgery but more dangerous therapy. Respiratory system is an indicator of environmental disaster. As a result of deterioration of ecological situation, respiratory syndromes such as “multy-chemical sensitivity syndrome”, “sick building syndrome” have appeared. Medicament usage has declared its war against diseases. But disease could give up its position temporarily but when suppression gets weaker, it arises again (when decreasing the medicine dosage). Non-medicament methods enable body’s own reserves and help to bury the stable hutchet.



Percentage of Patients Who Apply for Complementary Medicines in Different Countries



Complementary and alternative methods are very popular in European countries and the USA. 63% of asthma patients have been treated with such methods in the USA.

In our country several completely new physiotherapy and non-medicament methods have been developed and approved scientifically during the last decades. The most popular methods of treatment of respiratory pathologies are: artificial salt mine caves (halotherapy), aromaphytotherapy, aeroionotherapy, hypoxitherapy, resistance respiratory training, medicinal starvation therapy, lasertherapy and sorbtional intestinal dialysis. All of these methods are the part of official or so called school-medicine. There is no alternative and complementary medicine in Russia.

Only since the end of the 80-th the electroacupuncture-methods by Voll of diagnostics and treatment have been applied in Russia. Before that time they were prohibited. Since the middle of the 90-th bioresonance method has appeared. At present it belongs to functional medicine and physiotherapy. MORA-therapy is considered as one of bioresonance-therapy methods and belongs to official medicine.

In our opinion, functional medicine should not oppose itself to classical one, and both classic and functional medicine should be applied together.

We use the method of MORA-therapy at medical practice in Clinical Scientific Research Respiratory Center. It is outpatient department for patients with asthma, bronchitis, pneumonia, allergic pathology and other diseases. The physicians help patients in a classical way (basic medicament therapy if needed) in combination with MORA-therapy and other non-medicament modes of treatment (halotherapy, homeopathy, vitamins and mineral supplements etc.).

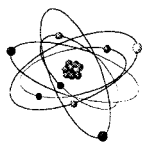
What are allergies? Allergic diseases are strong intensive physiological reactions as a result of interaction of humoral antibodies and/or lymphatic cells. Allergic reactions are caused by allergens. How does an allergen differ from an antigen? Mostly – in a result of its action. But why does the incorrect response arise?

In spite of many allergens present in our environment, allergic diseases develop only in certain type of persons. The main cause is the internal state of organism. In classic medicine it is defined as reactivity.

Reactivity is the body's property to give vital functional changes in response to environmental effects. (A.D. Ado, 1973). And when we treat our patients we often do not take into account such properties of organism.

We look at the patient like through a keyhole seeing just separate symptoms, not seeing the whole picture. (G.B.Fedoseev).

There are great possibilities of MORA application both for disturbance of reactivity treatment and in its correction.



MORA's Ability for Diagnostics of Intolerance

Diagnostics of non-IgE type allergens and the most important allergens

- Drug intolerance
- Food substance intolerance
- Infection dependance

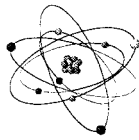
Diagnostics of pseudoallergy and enzymopathy factors

- Drug intolerance
- Food substance intolerance
- Food supplements intolerance

Determination of main allergen

In clinical practice it is very difficult to reveal allergic reaction and other types of intolerance, which is not connected with IgE type immune reaction. Diagnostics with RAST, immunoenzyme and skin tests are effective for atopic cases (IgE type). Elimination of the rest of immune allergic reactions (cytotoxic, immune complexes's, slow-type hypersensitivity) requires deep and complex approach. Besides, determination of sensitization (IgE increase) does not mean determination of pathogenic significance of this factor. It has to be congruent with whole clinical situation.

With the help of MORA-diagnostics we can determine all types of intolerance and the most important allergens for current pathogenesis.



Pseudoallergic Reactions

Pathogenesis

- **Histamine liberation**
- **Disturbance in complementary system activation**
- **Disbalance of arachidonic acid metabolism**
- **Fermentopathy**

Importance for Case Study

- **The most of food allergies**
- **Chronic hives**
- **Angioneurotic edema**
- **Aspirine asthma**

Allergodiagnostics

- **Skin tests are negative**
- **IgE total is normal**
- **IgE specific is not present**

Hyperreaction can be caused not only with allergens but with other substances called pseudoallergens. The terminal result of both allergen and pseudoallergen actions is similar. But pseudoallergens act by-passing immune reactions, they cause pathochemical reactions directly.

Elimination of pseudoallergens has a great importance for a successful treatment. With standard laboratory tests the determination of pseudoallergens is very difficult. In this case MORA-tests and therapy followed could be extremely useful.

With MORA we can improve efficacy of treatment of patients with respiratory diseases and allergies using its ability to evaluate total resistance abnormalities and to correct them.

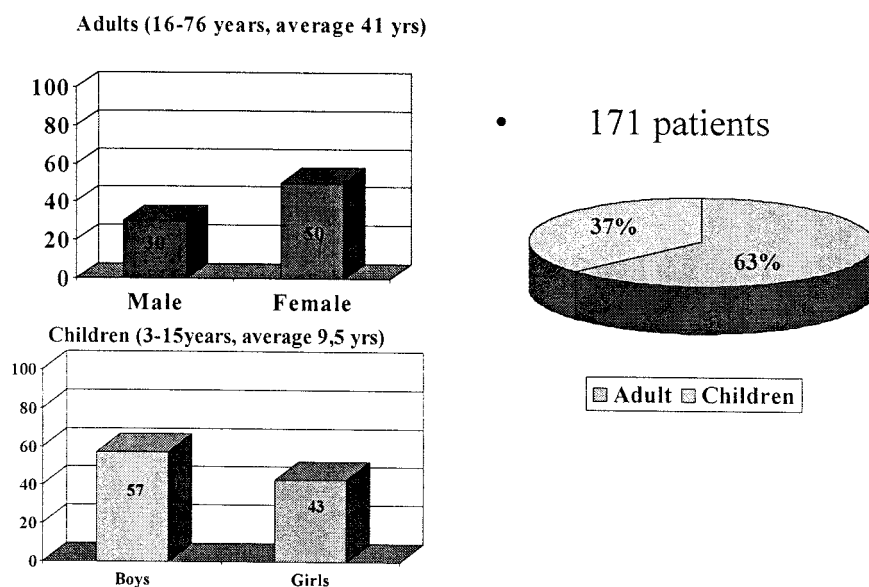


MORA's Ability for Diagnostics of Reactive Abnormality in Respiratory And Allergic Diseases

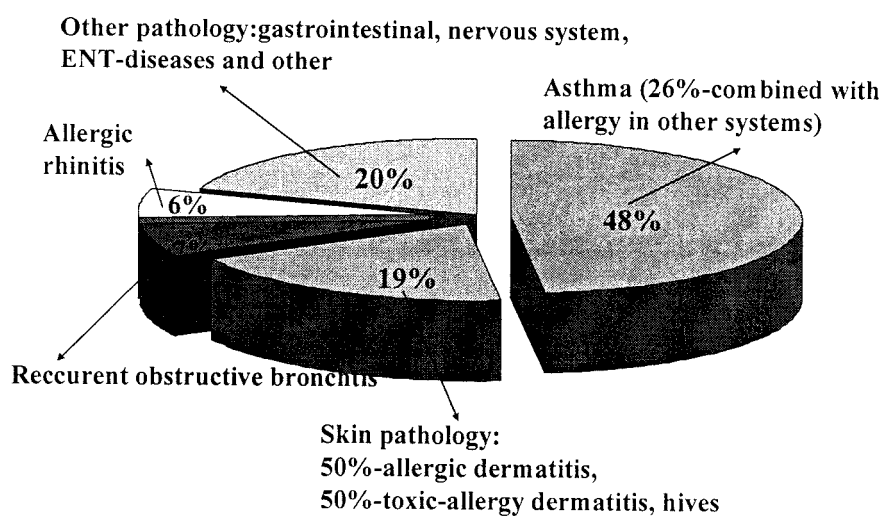
- **Elimination of dysbacteriosis**
- **Revelation of heavy metal and geopathic stress**
- **Evaluation of infection factors**
- **Determination of vitamins, minerals and trace elements deficiency**

In Respiratory Center MORA-therapy has been applied since 1998. We have been treating patients who have already tried both classic medicament and non-medicament methods that failed. This usually takes place in cases of complex pathologies.

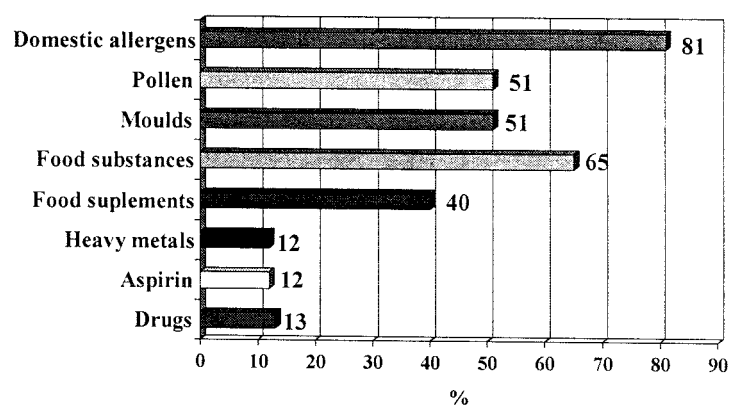
MORA-Patients in 1998-2000



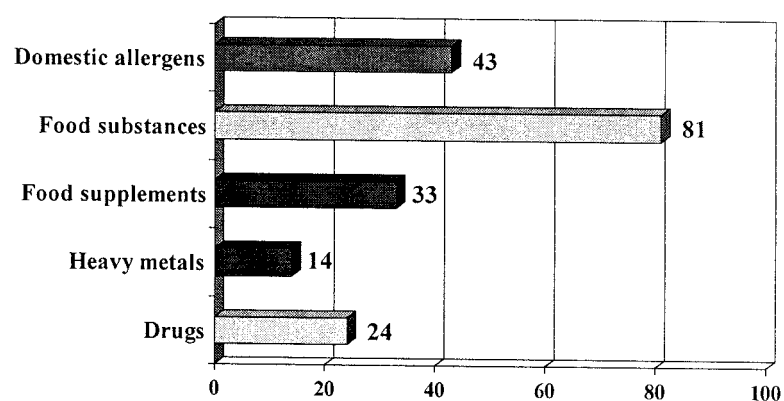
Pathologies of MORA-Patients (n=171)



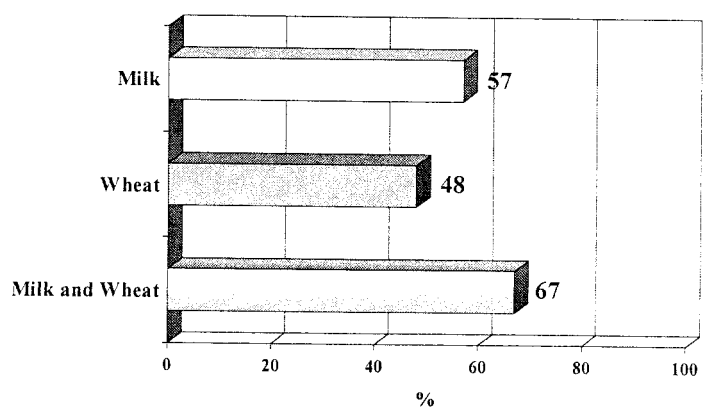
Intolerance Factors Revealed in Patients with Respiratory Pathologies (n=103)



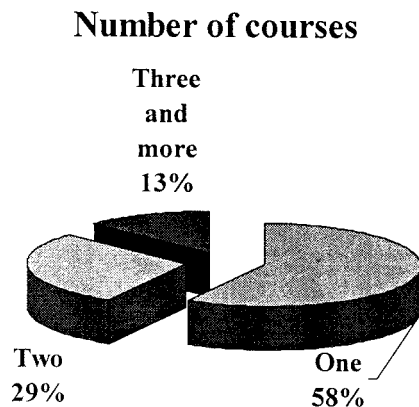
Intolerance Factors Revealed in Patients with Allergic Skin Pathology (n=32)



Main Allergens Revealed in Patients with Allergic Skin Pathology (n=31)



MORA-Therapy in 171 Cases in The Period of 1998-2001



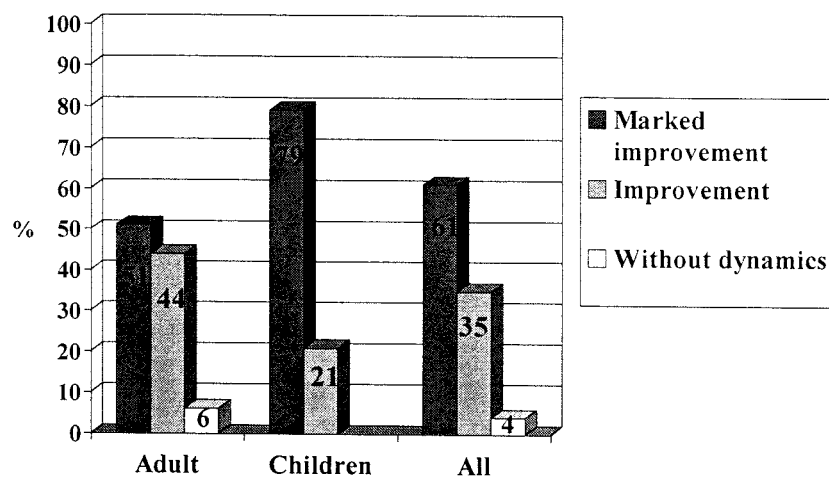
- 248 MORA-courses, incl. 1574 visits
- Every course included from 3 to 15 visits (average 6,8)
- Every visit included 4-6 programmes



MORA-Therapy Results in Treatment of Respiratory Pathologies and Allergies

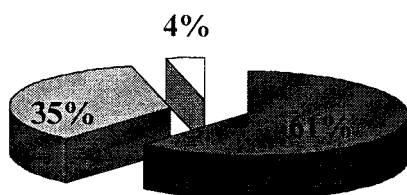
- Symptomatic treatment of respiratory, skin and other signs
- Decent decrease in reaction on domestic and food allergens, medicaments
- Aspirin desensitization
- Antiallergic treatment in acute conditions
- Elimination of toxic factors (heavy metals etc.)
- Correction of dysbacteriosis
- Influence on nervous, endocrine and immune systems
- Decreasing of medicament dosage

Efficacy of MORA-Therapy (n=171)

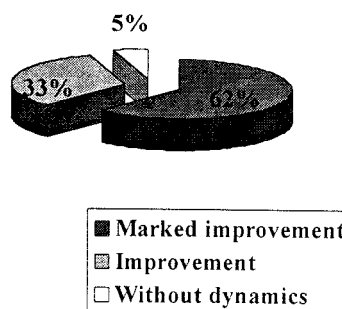


Efficacy of MORA-Therapy in Patients with Respiratory Pathologies And Allergies

Asthma and recurrent
obstructive bronchitis (n=62)



Allergic skin pathology (n=21)





The Role of MORA-Therapy For Treatment And Rehabilitation

